

# Life Enrichment Questionnaire

**Resident/Tenant Name** \_\_\_\_\_ **Apt #** \_\_\_\_\_ **Date** \_\_\_\_\_

*We provide for our residents/tenants a variety of Life Enrichment programs for their enjoyment including social, educational, physical, spiritual, recreational, as well as other types of programs. Provided below are a variety of activities please mark activities which the resident/tenant enjoys currently or has enjoyed in the past. If there are activities not listed please list them below.*

| <b>X</b> | <b>Activity</b>                      | <b>Favorites</b> | <b>Adaptive Equipment needed</b> |
|----------|--------------------------------------|------------------|----------------------------------|
|          | Baking/Cooking                       |                  |                                  |
|          | Animals/Pets:                        |                  |                                  |
|          | Acting                               |                  |                                  |
|          | Yard work                            |                  |                                  |
|          | Wood work                            |                  |                                  |
|          | Playing card games:                  |                  |                                  |
|          | Needle work/Quilting                 |                  |                                  |
|          | Watching TV                          |                  |                                  |
|          | Music<br>Favorite song(s):           |                  |                                  |
|          | Playing an instrument(s):            |                  |                                  |
|          | Dancing                              |                  |                                  |
|          | Singing                              |                  |                                  |
|          | Puzzles                              |                  |                                  |
|          | Ceramics                             |                  |                                  |
|          | Clipping coupons                     |                  |                                  |
|          | Swimming                             |                  |                                  |
|          | Exercise/Walking                     |                  |                                  |
|          | Painting                             |                  |                                  |
|          | Movies—Type(s):<br><br>Favorite:     |                  |                                  |
|          | Visiting with Children               |                  |                                  |
|          | Computer/iPad/Ereader                |                  |                                  |
|          | Golfing/Bowling                      |                  |                                  |
|          | Photography                          |                  |                                  |
|          | Being outdoors                       |                  |                                  |
|          | Housework<br>i.e. dusting, vacuuming |                  |                                  |
|          | Gardening/House Plants               |                  |                                  |
|          | Writing cards/letters                |                  |                                  |
|          | Leather craft                        |                  |                                  |
|          | Reading<br>Type(s):                  |                  |                                  |
|          | Sewing/mending                       |                  |                                  |
|          | Travel/Sightseeing                   |                  |                                  |
|          | Sports:                              |                  |                                  |



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| X | Activity                                      | Favorites | Adaptive Equipment needed |
|---|---|-----------|---------------------------|
|   | Board games:                                  |           |                           |
|   | Happy Hour (wine/beer)                        |           |                           |
|   | History                                       |           |                           |
|   | Bingo   |           |                           |
|   | Casino/Gambling                               |           |                           |
|   | Eating out                                    |           |                           |
|   | Picnics                                       |           |                           |
|   | Hunting/Fishing                               |           |                           |
|   | Shopping                                      |           |                           |
|   | Volunteer work:                               |           |                           |
|   | Poetry  |           |                           |
|   | Politics                                      |           |                           |
|   | Home Decorating                               |           |                           |
|   | Entertaining (in home)                        |           |                           |
|   | Collecting items:                             |           |                           |
|   | Bible study/Devotions<br>Religion preference: |           |                           |

**Preferred Activity Type (i.e. small/large group, independent, 1:1):** \_\_\_\_\_

**Activity Time of Day (circle one/multiple):**      **Morning**      **Afternoon**      **Evening**      **All Day**

**Other Activities/Comments:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Completed by:** \_\_\_\_\_ **Date:** \_\_\_\_\_